



MARDEN NEWS

The monthly newsletter from Marden Medical Practice

May 2016

WELL MAN CLINICS

Marden's Well Man Clinics offer a range of health checks for men.

They include :

- ◆ Height/Weight/BMI
- ◆ Waist measurement
- ◆ Blood Pressure and Pulse
- ◆ Cardio Vascular % risk calculated
- ◆ Cholesterol and Glucose Blood test
- ◆ Urine dip
- ◆ Lifestyle advice and family history



You can also discuss any other well man issue during your consultation . To find out more and to make an appointment please talk to the receptionist.



MONEY MATTERS

What do the following everyday living costs have in common?

Pet insurance for 11 months; 6 months worth of mobile phone use; almost 3 tanks of fuel for a car; 3 months of coffee on the way to work and 5 months of a Sky TV Family bundle.

They all cost £136

Now turn the page to learn more about that amount

Useful Numbers

Health Visitors 452300
 District Nurses 277709
 RSH 261000
 Family Planning 283382

Pharmacies

Rowland's On Site
 369446
 Asda 276810
 Sainsbury's 244744
 Taylor - Radbrook
 249931
 Williams Co-op
 344277
 Conway 352352
 Lunt's - Hereford Rd
 351918
 Boots - Pride Hill
 351311
 Rhodes 343998
 Boots - Copthorne
 350747
 Boots - Coleham
 362496
 Lloyds - Riverside
 344523
 Tesco
 845449
 Pharmacy Express
 245715

£ 136 buys one year of funding per patient for the average GP surgery (some get less!)

For this amount you get:

Consultations with your GP

Prescriptions signed

Blood Tests and Diagnostic Tests

Hospital referrals

Home visits, if needed.

Your practice uses this money to pay staff and running costs as well.

Did you know that national funding has fallen by a third in the past 5 years ?

You can help by not wasting appointments, cancel early if you have to. Ask yourself do you need to see a GP or could a pharmacist help. You can order your repeat prescriptions in good time. Only ask for a home visit if you are genuinely housebound.

In January this year, the British Medical Association's chairman of the GP's committee, Dr Chaand Nagpaul told a national conference of practice doctors:

"To put it simply, it is not safe to carry on the way we are, and which is why this conference is highlighting that general practice is quite literally in a state of emergency."

Contact your MP to tell them how much you value your GP surgery.

Visit www.facebook.com/GPstateofemergency to read what health professionals across the country are saying and join in the debate.



**The practice will be closed for the
Spring Bank Holiday on Monday May 30th**

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