



MARDEN NEWS

The monthly newsletter from Marden Medical Practice

April 2016



Dr Peter Bottomley

.....In his own words

Having attended school in Melbourne, Bedford then Bath, I went to Birmingham University where I studied first Mathematics then Medicine. My hospital jobs were in Shrewsbury then Stoke-on-Trent.

Later I worked as a GP in a remote town in Australia before returning to Shrewsbury to become a partner in the Murivance Medical Practice in the town centre.

For a short while I worked single-handedly but the list grew steadily and it was not long before Dr Moselhi came to join me. The practice continued to grow so we took on a third partner, Dr Walton.

By 1992 we had outgrown our premises in the town and moved to our present site at Marden on Sutton Road.

I was able to attain teaching status for the practice in 1994 and we have continued to train medical students and GPs in training since then.

I have been a GP tutor and appraiser for Shropshire. I have served on the Local Medical Committee and been a council member for Shropdoc.

For 6 years I was the doctor for Shrewsbury Town Football Club.

Over recent years I have reduced the scope of my outside medical interests in order to spend more time seeing patients.

My topics of special clinical interests are men's health, musculoskeletal medicine, the management of addictions and minor surgery procedures.

My great good fortune in my job is that I work with a team of exceptional talent and dedication all of whom share the belief that the needs of the patient comes first.

I am married with two daughters, both of whom are teachers.

My outside interests are flying light aircraft, fly-fishing, humanism, and trying to play the piano.

Useful Numbers

Health Visitors 452300
District Nurses 277709
RSH 261000
Family Planning 283382

Pharmacies

Rowland's On Site
369446
Asda 276810
Sainsbury's 244744
Taylor - Radbrook
249931
Williams Co-op
344277
Conway 352352
Lunt's - Hereford Rd
351918
Boots - Pride Hill
351311
Rhodes 343998
Boots - Copthorne
350747
Boots - Coleham
362496
Lloyds - Riverside
344523
Tesco
845449
Pharmacy Express
245715

★ **The practice will be CLOSED on Monday**
May 2nd for the May Day Bank Holiday. ★

THE 'PNEUMO' JAB



WHAT YOU NEED TO KNOW*

The pneumococcal vaccine protects against serious and potentially fatal pneumococcal infections. It's also known as the "pneumo jab" or pneumonia vaccine.

These infections are caused by the bacterium **Streptococcus pneumoniae** and can lead to pneumonia, septicaemia (a kind of blood poisoning) and meningitis.

At their worst, they can cause permanent brain damage, or even kill.

A pneumococcal infection can affect anyone. However, some people are at higher risk of serious illness and can be given the pneumococcal vaccination on the NHS. These include:

- Babies
- Adults aged 65 or over
- Children and adults with long-term health conditions, such as a serious heart or kidney condition



Babies receive the pneumococcal vaccine as three separate injections, at 8 weeks, 16 weeks and one year old.

People over 65 only need a single pneumococcal vaccination, which will protect for life. It is not given annually like the flu jab.

People with a long-term health condition may need just a single one-off pneumococcal vaccination or five-yearly vaccination, depending on their underlying health problem.

* Information from nhs.co.uk.

To find out more visit: <http://www.nhs.uk/conditions/vaccinations/pages/pneumococcal-vaccination.aspx#Who>

Or talk to your health professional.

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